

Forwards:

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|--------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| 1. Hugo Langelaan | Rugby Club 't Gooi  |
| 2. Mark Darlington | RFC Maidenhead (GB) |
| 3. Andy Darlington | RFC Maidenhead (GB)  (speelt met rugnummer 16) |
| 4. Mark Wokke | Castricumse Rugby Club  |
| 5. Chesney Crosby | Rugby Club Hilversum |
| 6. Vincent wright | Currie Chieftains (GB) |
| 7. Dirk Danen (C) | Rugby Club Hilversum |
| 8. Kevin Krieger * | Montpellier (F)  |

Backs:

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| 9. Jake Ashby | RFC Bury St Edmonds (GB) |
| 10. David Weersma | Rugby SC Graulhet (F)  |
| 11. Sep Visser | Rugby Club Hilversum |
| 12. Storm Carroll | Rugby Club Hilversum (speelt met rugnummer 19) |
| 13. Josh Gascoigne | Rugby Club Hilversum |
| 14. Siem Noorman | Dendermonde (B)   |
| 15. Liam McBride | RFC Bury St Edmonds (GB) |

Wissels:

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| 16. Robin Moenen | LRC Diok (speelt met rugnummer 3) |
| 17. Ross Bennie Coulsen * | LRC Diok |
| 18. Kieran Hogg | Rugby Club Hilversum |
| 19. Sam Hoogland * | Rugby Club Hilversum  (speelt met rugnummer 12) |
| 20. Amir Rademaker (VC) | Dendermonde (B)  |
| 21. Ayrton Pieterse | Haagsche Rugby Club  |
| 22. Reinier Pieters | Racing Club Vichy (F)  |
| 23. Arno Macken * | Rugby Club 't Gooi  |

* Nieuwe cap